

# Award Winning Indian Freezer Meals. Lovingly made in small batches, using fresh produce & family recipes. Contains no additives or unpronounceable bits. Ready in 4 minutes

Each dish contains 2 portions.

## MEAT & FISH DISHES

**KAJU DHANIA MURGH**  
Tender chicken in a delicate sauce of cashews, coconut and fresh coriander **DF** **GF**  
£8.75

**CHICKEN XACUTI**  
Tender Goan style chicken cooked with roasted coconut and red chilli **DF** **GF**  
£8.75

**KEEMA MATTAR**  
Lean spiced minced lamb cooked with heaps of tomatoes and peas **DF** **GF**  
£8.99

**MEEN MOILEE**  
A southern Indian tangy fish curry infused with mustard seeds and curry leaves **DF** **GF**  
£8.50

**CHICKEN BIRIYANI**  
Fragrant basmati rice and boneless chicken cooked in traditional Dum style **GF**  
£8.25

**LAMB SAMOSA**  
Crispy pastry filled with lean minced lamb, fresh coriander and our own Garam Masala **DF** **GF**  
£7.25

## VEGETARIAN DISHES

**CHANA MASALA**  
Chickpeas cooked with tomatoes and spices – a northern Indian speciality **GF**  
£7.99

**PALAK PANEER**  
Indian cottage cheese cooked with baby spinach leaves **GF**  
£8.50

**LEMON RICE**  
Basmati rice tempered with mustard seeds, fresh curry leaves and lemon juice **GF**  
£6.50

**LEHSUNI DAL**  
Yellow lentils cooked with caramelised garlic and garnished with fresh coriander **GF**  
£7.50

**VEGETABLE BIRIYANI**  
Fragrant basmati rice and fresh garden vegetables cooked in traditional Dum style **GF**  
£7.99

**WATERCRESS DAL**  
Yellow lentils cooked with local Kingfisher watercress and fresh coriander **GF**  
£7.50

## VEGAN DISHES

**VEGETABLE PULAO**  
Delicately spiced basmati rice with peas, carrots and a bouquet of aromatic spices **DF** **GF**  
£7.00

**ENCHORER DALNA**  
Green jackfruit curry cooked with tomatoes, ginger and our own Garam Masala **DF** **GF**  
£7.99

**PALAK DAL**  
Yellow lentils cooked with lots of baby spinach and tomatoes **DF** **GF**  
£7.50

**VEGETABLE SAMOSA**  
Crisp hand rolled pastry filled with mildly spiced potatoes and garden peas **DF**  
£6.50

**ALU TIKKI**  
Spiced potato cakes  
Crisp on the outside  
fluffy on the inside **DF** **GF**  
£6.50

## OUR OFFERS

**DINE IN FOR TWO**  
Classic or Vegan with or without wine  
From £25

**DINE IN FOR SIX**  
Classic or Vegan with or without wine  
From £60

**MONTHLY BOXES OF HAPPINESS**  
Choose a 6, 8 or 10 dish box  
Select your own dishes  
From £50



**HOME MADE BOXES**  
Pre-made box of 8 or 12 dishes. Classic or Vegan  
From £65

**ACCOMPANIMENTS**  
Pineapple, Tamarind, Orange and Gin chutney, Crackers and Naan bread  
From £3.00



**DF** DAIRY FREE

**GF** GLUTEN FREE

Our freezer meals can be ordered online and delivered to any UK mainland address.

[www.mandiraskitchen.com](http://www.mandiraskitchen.com)